
SUNDAY WORSHIP GUIDE
1 CORINTHIANS 15:35-58

Gospel Thinking, Gospel Living: Our Resurrection and Mental Health
1 Corinthians 15:35-58

One Thing:

- Look to Christ, who is not only our future hope. He is also our present and living hope

Gospel Thinking:

1. The Mystery of our Resurrection – vv. 35-49

- A. Our future, resurrection bodies will be different from our present, earthly bodies
- B. Our future, resurrection bodies will reflect God’s sovereign design and purpose

2. The Victory of our Resurrection – vv. 50-58

Gospel Living:

- 1. It’s okay to acknowledge the brokenness we experience in our present, earthly bodies**
- 2. It also means that mental health is not only a spiritual issue – it’s also a physical and emotional issue**
- 3. Even when we struggle, we must remember that there is a future hope**
Revelation 21:4 – He will wipe away every tear from their eyes, and death shall be no more, neither shall there be mourning, nor crying, nor pain anymore, for the former things have passed away

The Christian, on the other hand, has something incredibly precious in the face of suffering: true comfort, not founded on wishful thinking but grounded in the nature of reality. Jesus is risen, and he will take us through the valley of the shadow of death and into feasting joy. We dare to hope, not in spite of the world’s tragic demise, but because of its certain glory. What Jesus did with his own suffering, he will do with our suffering: transform it. At the end of the Gospels we see Christ risen from the dead. He’s the future—a foretaste of cosmic harmony. And what’s the future like? Joyous reunions, long country walks with friends, deep conversations into the night, fishing with friends, barbecues on the beach, feasting and family and face-to-face communion with the Lord who has loved us to hell and back. This is the future. It’s coming. It’s more certain than sunrise, and therefore we can have hope – Glen Scrivener

4. We can move forward, knowing that our labor in the Lord will not be in vain

As Christians, suffering gives us an extraordinary opportunity to share our faith. People want to know why we’re different. Why we’re not bitter. Why the flames haven’t destroyed us. Especially when the heat seems unbearable – Vaneetha Rendall Risner

Closing Out:

If all things end in the valley of the shadow, perhaps the “well adjusted” are those who resign themselves to the gloom. But if Christ is risen, there is mountaintop joy, a future worth living for, healing and peace. Again, it all comes back to Jesus. He’s the one who understands our feelings; he’s our truest friend; and he’s the one who secures our glorious future. In him we have reasons for hope – reasons to share with a needy world – Glen Scrivener